

Plenty Good uncomplicated food



BOOK DETAILS

- Author : Diana Henry
- Pages : Pages
- Publisher : Mitchell Beazley
- Language : English
- ISBN : 1784723002

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BOOK SYNOPSIS

Discover how to cook well, eat deliciously and produce plenty, all while saving money, reducing waste and availing of local resources. Plenty is not just another tome about saving money - This is a book about pleasure, about creating great, satisfying food without being extravagant or spending a fortune. By planning ahead, shopping carefully, using value cuts, cooking seasonally and making the most of leftovers, beloved food writer Diana Henry shows that less can be more and flavor still plentiful. This book is packed with 300 recipes from around the world. A section on using less expensive cuts of meat will inspire you to create new favorites such as Roast Pork Shoulder with Baked Squash and Braised Lamb Shanks. There are also great ideas for using the best value fish, from Baked Mackerel on Potatoes with Thyme, Onions and Lemon to Fish Pie with Leek Mash. Leftovers are also at the heart of this book, and Diana offers an abundance of ideas for transforming roasts and other big family meals: what's left of a simple Roast Chicken can become a fabulous Greek Chicken, Pumpkin, Feta Pie. With Plenty, Diana Henry presents a wealth of accessible adaptable and affordable yet inspired recipes for the home cook.

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