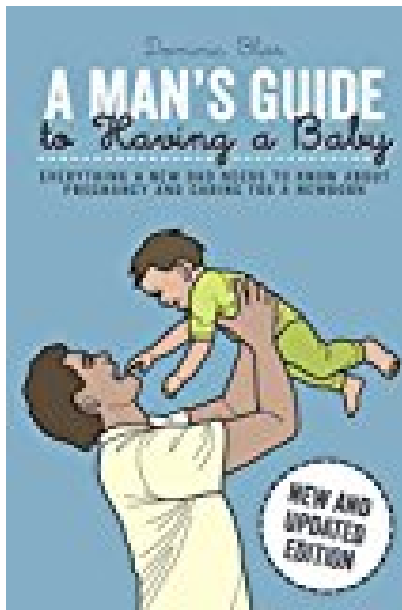


A Mans Guide to Having a Baby Everything a new dad needs to know about pregnancy and caring for a newborn



BOOK DETAILS

- Author : Dominic Bliss
- Pages : 128 Pages
- Publisher : Dog n Bone
- Language : English
- ISBN : 1909313793

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BOOK SYNOPSIS

Practical advice helping new fathers prepare for the biggest event of their lives. So your partners pregnant? If youre like 99% of the male population, two words will immediately have sprung to mind: great and OMG! Dont panic, you wont be the first to freak out at the good news, and this handy little guide is here to talk you through everything thats going to happen in the nine months before the baby is born, and the first year after the birth. Written with the dad in mind, its full of great tips to ease your nerves, fill you with confidence, and make it sound like you know what youre doing when you talk to other new parents. Well start at the beginning with all the basics, teaching you not only the practical stuff like preparing the home, changing your first nappy, what stroller to buy and how to install a car seat, but also ways to deal with a hormonally charged partner that will make you a saint in her eyes, and how to bond with your new baby.

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